
James Calder TD MD FRCS (Tr & Orth) FFSEM (UK), Consultant Orthopaedic Surgeon, Fortius Clinic

“I have worked with Oliver during the management of various members of the GB track & field team.

We collaborated closely on cases that were managed both conservatively & also those requiring surgical intervention.

Oliver was impressive in his work ethic and extensive knowledge of musculoskeletal disorders - he was always open to new ideas & ensured there was regular feedback on progress throughout rehabilitation & return to play.

This team management approach enabled athletes to maintain their level of world class performance whilst managing their risk factors for tendinopathy & for those who required surgery, a return to their pre-injury level of competition.

Oliver has also **presented on foot & ankle topics, including achilles tendinopathy management** & I invited him to join the faculty at an international symposium for foot & ankle surgeons which I organised in collaboration with DJO Global. Oliver presented clearly with an enthusiastic & interactive style that ensured that on each occasion he had excellent feedback both for factual content & presentation on all the topics he covered.

Having looked at the curriculum, I would approve of the course content. The aim to combine an understanding of medical, therapy & coaching needs is fundamental to achieving the goal of return to play & injury prevention in athletes. The course organised by Oliver & Andrew covers these important aspects & I am sure will provide an excellent basis for furthering individuals knowledge in this field.”

Dr Jeremy Bettle, Asst. Coach & Head of Strength & Conditioning, Brooklyn Nets

Olli is one of the pioneers of the High Performance Model of athlete care. Going beyond simply treating injured athletes as a physiotherapist, Olli has **integrated practices from all fields of sports science, medicine, & coaching to create a proactive system of injury prevention & performance optimization**. His model creates an environment with seamless flow of information & interaction between practitioners giving athletes the best chance of achieving success & giving professional organizations maximal return on their investment.

As well as a world class skill set & leadership qualities, Olli also has the intangible personality traits that are essential to succeed at the elite level. He will be an incredible asset to any organizations with whom he works.

Dr Alex Scott, Assistant Professor, University of British Columbia

“Oliver Finlay has the knack of **integrating scientific evidence** with his extensive personal **experience of treating tendinopathy** patients at all levels of ability.”

Christine Ohuruogu, 400m Olympic Gold & Silver Medallist, 2x World Champion

"My time with Oliver was fleeting, but a really positive experience none the less.

Longevity in any sport gives any athlete the confidence that they are intuitively aware of the standards required to continue successfully in a sport. Longevity also demonstrates the athletes ability to be acutely aware of how to maintain their bodies in good physical shape and how to manage injuries and troublesome areas.

I was at that stage of maintenance when I started working with Oliver; I had no major injuries and fortunately for me I did not pick up any under his guidance (always helpful!). Despite having solid awareness about my body & being in reasonably good shape, it was essential that I had a physio that could continue that run of good form particularly in light of a very challenging event such as the 400m.

Oliver was a great addition to the team. He transitioned seamlessly into his role as my physio & was a key team member in making sure I was well prepared physiologically for the season. Yes, there will always be niggles, that's the nature of sport, but **Oliver had great knowledge of me as the athlete, what the sport required of me & his choice of treatment reflected that, it wasn't a case of "one size fits all"**. I was confident that Oliver worked specifically to my needs & requirements.

It is a comforting thought to know that Oliver has contributed towards my longevity in what is a difficult event and in return, I know that Oliver has gained a great insight working with seasoned athletes such as myself and I am sure many others, insight I am sure makes him **hugely credible in the world of sports medicine.**"

Caroline Feith, Athlete Manager & Agent, Pro-Sports International

"I worked with Oliver between 2011 & 2013, whilst he was a physiotherapist for British Athletics looking after their top athletes on a day to day basis in addition to on the road, at the International Track & Field competitions throughout the world.

Oliver demonstrated a high level of professionalism while treating the British athletes, preparing them for the meets, directing their recovery after competition & advising them in times of injury.

These injuries included achilles, patellar & hamstring tendon problems, which Oliver treated successfully in the acute phases, before, with the British athletes, structuring their rehabilitation & putting in place long term management strategies to enable the athletes to continue competing at the highest levels.

Given **Oliver's experience with managing tendon problems & his ability to explain the changes that occur in tendons in response to training or injury, so that coaches, athletes & managers can understand them, I would be confident in recommending that the course that Oliver & Andrew are teaching.** I would recommend Oliver Finlay as a high class physiotherapist."

Stephen Mutch, First Team Physiotherapist, Scotland Rugby Union

An outstanding and innovative individual at home with single athletes as with team sports. Always thinking of advancing the boundaries of sports medicine & sports science.